LIFE BRUSH WITH DEATH

The car flipped

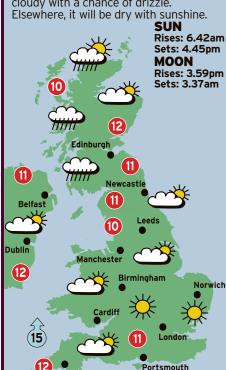
over five times...

I got out of the

crawec away

ust exploded

rain spreading in. This rain will turn heavy and persistent in northwestern areas but it will stay largely fine in the south. Sunny intervals for a time in Northern Ireland but it will become cloudy with a chance of drizzle.



4 DAY OUTLOO

	MON	TUES	WED	THUR						
Birmingham	<u></u> 12c	<u></u> 14c	<u></u> 14c	<u></u> 13						
Cardiff	<u></u> 15c	∰ 16c	∰ 15c	∰ 14						
Edinburgh	4 12c	<u></u> 13c	₩ 13c	<u></u> 13						
Liverpool	<u></u> 13c	<u></u> 14c	14c	ජ 13						
London		് 17c								
Manchester	<u>്</u> ಚ 14c	<u>്</u> ಚ 16c	<u></u> 15c	14 쏸						
Newcastle		് 13c								
Norwich	<u>്</u> ಚ 15c	<u>എ്</u> 16c	∰ 16c	ජ 14						
Plymouth	് 16c	₩ 15c	ॐ 15c	ජ 14						

ABROAD YESTERDAY

		C	F			С	F
Amsterdam	С	13	55	Madrid	f	17	63
Athens	dr	16	61	Majorca	S	22	72
Barcelona	S	20	68	Malaga	r	19	66
Benidorm	C	20	68	Malta	f	21	70
Corfu	S	22	72	Marmaris	f	24	75
Crete	sh	20	68	Miami	С	29	84
Ibiza	f	22	72	Paris	f	13	55
Larnaca	f	27	81	Sydney	S	24	75
Las Palmas	f	26	79	Tenerife	f	26	79

-: not available, m: misty, c: cloudy, s: sunny, r: rain, dr: drizzle, sn: snow, f: fair, fg: fog,







BOND STAR'S REAL

BOND

I saw vehicle

burst into

flames...it

would have

way to die

BRIT ACTRESS ON ESCAPE FROM HORROR CRASH

been an awful

by Sharon Feinstein

BOND star Naomie Harris's car crashed off the road, flipped on to its roof, rolled five times then burst into flames.

She managed to clamber to safety through the sunroof and stagger clear before the explosion - in an escape worthy of any 007 film. But the cameras weren't rolling. This wasn't an

action movie. It was real life and the memory of the terrifying ordeal haunts Naomie to this day. The British actress, who plays Daniel Craig's

assistant Miss Moneypenny, cheated death after her driver nodded off. The 39-year-old Londoner explained: "I was being driven from LA to San Francisco and the person at

the wheel fell asleep. "The next thing I knew I was upside down, flipped over five times. We climbed out the sun

roof and the car blew up minutes later. We were knocked around so much - if we'd been knocked unconscious, we would have burnt alive.

"As it was I managed to look back and see the car explode into a ball of fire. It could have been an awful

EMOTIONAL

"Every time I got in a car I was absolutely terrified but slowly I started to heal the emotional scars.

"The shock took months to go, you have no warning whatsoever.

Just weeks earlier, she had been in another collision which left her vehicle sandwiched

between a bus and a car.
Together, the two incidents had a "big, unsettling effect" on Naomie, who is now one of the hottest British names in Hollywood.

Tomorrow sees her return to the big screen alongside co-stars Daniel Craig, Monica Bellucci and Léa Seydoux in the latest 007 epic, SPECTRE - expected to be a huge worldwide hit.

Critics have already lavished praise on the 24th Bond film's slick production and high-octane special effects. And Naomie, who starred as Eve went on a weight Moneypenny in the last Bond movie Skyfall, again plays a key role in 007's bid to save the world. Moneypenny stands by the super spy as he goes

rogue without permission from intelligence chiefs, risking her own career to support him - and prompting fury from M, played by Ralph Fiennes

Unsurprisingly, the character has earned Naomie a legion of admirers.But she admitted reaction to $her\,appearance\,has\,not$ always been positive.

The star has even been pressured to pile on weight by movie directors who criticised her for being too thin. " on' programme Naomie revealed. "I took this course of powder that had 3.000 calories which you add to ice cream and bananas three times a day. I tried desperately to put on weight

many calories and chemicals put a strain on your heart, so I stopped after I'd put on half a stone. "Thin women also have an

awful time of it. I often have women coming up and saying, 'You really should put on weight, are you OK?' And it's rude, you feel ostracised, you wouldn't say that to a fat person but somehow, if you're thin, people feel like it's OK to speak that way

5'8". I never weigh myself. We're naturally thin. I like to eat healthily and try not to stuff my face with doughnut. But I've experienced the opposite pressure in regards to my body not to stay thin, but put on weight.

"In Miami Vice the director said, 'You're just too thin and and I want you to put on more weight'. So they hired a private Jamaican chef to cook for me, as my family come from Iamaica. so I could eat more. And I had a personal trainer so I could bulk up."

While Naomie resents being told she is too slim she admits she would like added curves. She said: "I've always wanted to be bigger the grass is always greener on the other side. always look at women with curvy womanly shapes big boobs and good hips and long for those. But 1 just wasn't born that way so I have to accept it.

"I'd definitely love to be curvier. But I don't like the emphasis on women's bodies having to be a She added: "All my family are thin, certain shape and no cellulite. It should be a celebration and acceptance of all women, and as you get older you learn more self-respect and come to an acceptance of who you are."

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Despite her huge success in movies including Bond and Nelson Mandela biopic The Long Walk To Freedom, Naomie has remained determined to stay down to earth - and revealed she still gets the London Underground while at home.

She said: "I'm still able to get on and off the Tube and wander around London.

"I don't really get recognised, which I'm really pleased about. So I get to do what I love and also have my private life as well, which is incredibly important to me

And she refuses to be tempted by the trappings of fame insisting: "The love of family and friends and respect and acceptance of yourself are what really makes the difference in life and they have nothing to do with money or success I'm not a materistic person, never have been. I have a little car which I like and don't want a flash Porsche."

Miami Vice said I was too thin and hired a Jamaican chef to help me to eat more

Miss Moneypenny Naomie tells of smash worthy of 007 script

In The Long Walk To Freedom, Naomie starred opposite Idris Elba, touted as a possible future Bond.

But in her eyes, whoever gets the role should Daniel Craig hang up his Walther PPK gun has big boots to fill.

She said: "I just think we have an incredible Bond in Daniel, so I don't really like all this talk about who's going to be the next Bond. We have someone who's phenomenal and let's celebrate the fact he is bloody brilliant as Bond. He's really revolutionised the role. He's got a kind of actress added: "It's a massive challenge. I certainly would sensitivity that I think is so beautiful.

"When I watched him in Casino Royale, his first Bond, I cried at the end. I've always been a huge Bond fan, I've



While the Chinese president is riding down The Mall in a gilded coach, steel workers are being laid off because the Government fails to stand



our crisis hit steel industry We few, we happy few, we band of brothers." Shakespeare's Henry V Battle of Agincourt 600 years ago today.

I went and met my family and girlfriend afterwards and you could have filled a bathtub with all those tears."

Scotland World Cup rugby hero **David Denton** describes the mood afte his team's heartbreakin defeat against Australia

Why do you think members of the British public should be business with a country that is not democratic, achieve as well."

The movie's ending even suggests the action hero could be ready to finally is not transparent and has a deeply, deeply

troubling attitude towards human rights?" BBC political editor **Laura** Kuenssberg puts Chinese president Xi Jinping on the spot over Beijing's human

Stop calling us Bond

Pussy Galore in thinks the phrase is derogatory to women

I'm comfortable with the judgement call I made.' George Osborne attempts

must give - for those

proud enough to call

ourselves compassionat

speaks out against her own

Conservatives

it should not

be the backs

purport to serve.

to defend slashing tax credits for three million working families I believe the pace of these reforms is too fast, too fast. Something

was only Daniel who made me cry. 'That's because he's an extraordinary

actor and I feel like he was almost born to play Bond." But if he does go? "What you want is a Bond

who has charisma, intelligence, a sense of humour, a sensitivity, and a brilliant actor," Naomie said. "Those kind of qualities are what you need to really carry off playing Bond. It's an incredibly hard role to pull

off. I just wish anybody who wants to take that on the very best of luck, because it comes with huge pressure. If Bond were to be a woman, might Naomie be game?

You wouldn't bet on it - not even a Moneypenny, as the not put myself up for that! SPECTRE opens at cinemas across the UK tomorrow

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Mendes drops big hint on 007 Craig

BOND director Sam Mendes has dropped the biggest hint yet that Daniel Craig's 007 days are over, saying they had agreed SPECTRE was "completion". Critically acclaimed Daniel has spent

the last month hinting that he was done with the hugely successful spy films after his fourth outing.

Asked about the movie appearing to have a "sense of completion", Sam admitted: "I think there is and that is deliberate. We were both aware of that and that is something we were eager to

sunroof and as settle down after decades of notorious womanising. But after saying he "would rather slash my wrists" than play Bond again, Daniel has backtracked in recent davs saving he is unsure if he will return

EXHAUSTED

Sam added: "I made the mistake last time of answering at exactly this stage when I was exhausted, so what I should have said then was; 'I will let the movie play out and take six months' and all that kind of stuff.

"But I felt possessive of the characters we created in Skyfall. Of M, Moneypenny and Q. We had brought those people on and I wanted to tell the second half of their story and Bond's story. I thought we had teed it up and it was one of the

things I wanted to play out in this movie. "And I felt it is tonally a very different film - it is apples and oranges. I loved Skyfall, but I felt there was a choice - do you want to make the same kind of movie again or something completely different?
"And this is much more flamboyant,

entirely deliberate and something both Daniel and I really loved doing.

Daniel is on course to bank £40million from SPECTRE in salary, endorsements and profit shares. It means that he has made an estimated £70million in total from his four flicks since Casino Royale

> watched so many of the films, but I'd never cried before.

party's tax credit cuts in he "I'd laughed, I'd been thrilled by maiden Commons speech the adventure and excitement, but it I've had my right shoulder

reconstructed, my right knee and left knees operated on and my thumbs hurt!"

Daniel Craig reveals how being James Bond has left him battered and bruised.

I once famously made a terrible mistake. I got into the car and left my daughter behind." David Cameron enjoys a

pint at his local with the Chinese leader and recalls driving off without his daughter Nancy, then eight.