

MY PERFECT SUNDAY



By Victoria Pendleton

First of all I'd walk my dogs, in the sunshine for a good 45 minutes to an hour. I have two Dobermans.

After that I'd go to the yard and take my horses out for a hack with a friend.

I absolutely adore my two horses and I can't imagine life without them. I'm a bit overenthusiastic, like a 13-year-old girl at Pony Club. I spend a lot of time at the yard covered in mud or horse sweat.

I'd come back home and have a nice Sunday lunch, or, even better, go to my local pub for a roast dinner.

That means I can have a nut cutlet - I have a plant based diet, I'm dairy free and meat free - and my husband Scott can have whatever he wants.

My best Sundays usually revolve around food so I'd probably bake some vegan cookies. In the evening I'd watch a movie or read a book with a glass of wine.



At the moment I'm reading a book about horse whispering. I do like a boxset too, I've finally started watching The Crown, which is brilliant.

Victoria took part in whisky distillery Tomatin's People Pairing event - to take the quiz visit tomatin.com/people-pairing

YOUR PERFECT SUNDAY

Mine is quite simple. A lie-in, a big cooked breakfast, the papers, a walk with the dogs, an afternoon trip to the pub for a real ale or two and some telly before bed. **Peter Randall, Bradford, West Yorkshire**

Tell us about yours at mirror.co.uk/perfectsunday or write to Features, Sunday Mirror, One Canada Square, London E14 5AP

MICHELLE COULD BE L.A. WOMAN



PICTURE EXCLUSIVE

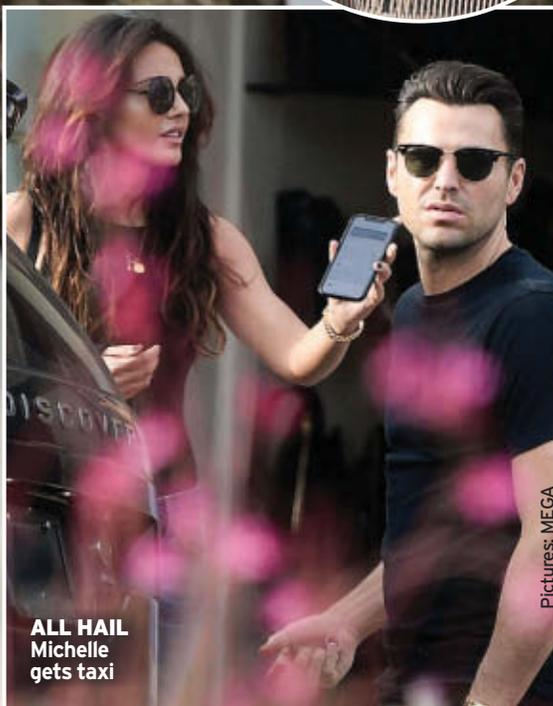
SCREEN DREAM
Michelle checks her phone as she leaves lunch date



ON MESSAGE Couple plan Michelle's LA trip



SIP 'N' TRIP
Mark laps it up



ALL HAIL
Michelle gets taxi

BY SHARON FEINSTEIN
OUR Girl star Michelle Keegan is only following hors d'oeuvres as she heads off alone after an LA lunch with hubby Mark Wright. And Michelle, 30, could be set to hang up her dog tags for good as she tries out a Hollywood posting to support Mark in his career. Our exclusive photos of the couple come as sources say Michelle is considering spending six months a year in Los Angeles, hoping for her own US call-up. Mark, 31 yesterday - hailed by TV insiders as "the new James Corden" - is said to be desperate for her to spend more time at his side. The source said: "Michelle hasn't had any luck in Hollywood so far but it would be perfect for them. "Surprisingly, it's Mark who has become the hit - until now Michelle was the star in the family." Mark's success threatens to eclipse Michelle after the ex Corrie star's latest outing in BBC drama Our Girl failed to impress viewers. The source added: "They have a private rivalry. It's good humoured, but he's now well in the lead. "She's feeling a bit like the local girl who never went beyond her own country right now. "Michelle is ready to start a family but Mark's on a roll and doesn't want to be sidetracked. "He's been urging her to move to LA to support him." No sweat, Mark, we're sure Our Girl's no deserter.

Pictures: MEGA

I hope my girl never suffers from sex pests
Catherine Zeta Jones on harassment

BY ALAN SELBY and JAMES DESBOROUGH
CATHERINE Zeta Jones has told of her fears her teen daughter might one day face sexual harassment at work.
As husband Michael Douglas fights sex claims, she said she hopes campaigns like Time's Up change attitudes for good. The Welsh star insisted Douglas, 73, had been "honest" in a statement branding ex-employee Susan Brady's claims "a complete lie". But after the Harvey Weinstein scandal, Catherine, 48, admitted she worries for daughter Carys, 14. She said: "I hope it will be something she doesn't have to think **WORRY** Carys with her mum and dad about in the workplace. Let's not hold our breaths, but hopefully." Brady claims Douglas masturbated in front of her at his Stonebridge Productions firm in 1989. Catherine said of her husband's rebuttal: "He was honest. He now has to take the next step. It's a question for him. It happened 30 years ago. BC - Before Catherine." She won an Oscar for her role in Weinstein-produced Chicago, but said she had never been abused by him or anyone else in Hollywood. She was proud so many had spoken up, adding: "These women coming out, it's an eye-opener."
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